

PE Curriculum Intent

‘Work with all your heart’

We are guided by the belief that ‘whatever you do, work at it with all your heart, as working for the Lord’.

We are a community of learners aiming for all to flourish and reach their maximum potential through valuing love, peace and hope. We will nurture learning habits where each individual has equal worth, in a safe and happy environment.

How do our pupils flourish?

Reach their full potential in and out of school

Have self-belief and self-confidence

Delight in learning

Know how to stay safe

Have resilience

Proud of our community

Have ambition and broad horizons

Positive relationships

Healthy mind and body

Good behaviour

INTENT

Our Gargrave PE Curriculum

At Gargrave, we believe that a well-structured and progressive PE curriculum develops the children’s knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. Our curriculum ensures that skills are developed through the following activities: dance, invasion games, gymnastics, swimming, athletics and outdoor adventure activities. In addition to this, it is essential that children must develop an understanding of a healthy lifestyle and make connections between physical education and leading a healthy lifestyle. Our PE curriculum involves children using thinking skills as well as selecting and applying skills with confidence. By creating solid foundations in early years, we enable children to make informed choices about physical activity throughout their life.

