

**GARGRAVE PRIMARY SCHOOL – SPRING TERM 2017 – CHOICE MENU**

	<b>WEEK 1 served w/c: 2<sup>nd</sup> and 23<sup>rd</sup> Jan, 13<sup>th</sup> Feb, 13<sup>th</sup> Mar, 3<sup>rd</sup> Apr</b>	<b>WEEK 2 served w/c: 9<sup>th</sup> and 30<sup>th</sup> Jan, 27<sup>th</sup> Feb, 20<sup>th</sup> Mar</b>	<b>WEEK 3 served w/c: 16<sup>th</sup> Jan, 6<sup>th</sup> Feb, 6<sup>th</sup> and 27<sup>th</sup> Mar</b>
<b>M O N D A Y</b>	Sausage & Tomato Pasta v Tomato Pasta Broccoli & Sweetcorn Herbie Bread ***** Chocolate & Pear Fudge Pudding Custard Fresh Fruit & Yoghurt	v Pizza Margherita Sweetcorn Peas Diced Potatoes Garlic Bread **** Arctic Roll & Mandarins Fresh Fruit & Yoghurt	v Macaroni Cheese Tuna Jacket Potato Broccoli Carrots Sunflower Seed Bread **** Grannies Crunch Fresh Fruit & Yoghurt
<b>T U E S D A Y</b>	Cottage Pie v Shepherdess Pie Savoy Cabbage & Carrots Sliced Wholemeal Bread ***** Fruit Muffin Fresh Fruit & Yoghurt	Roast Chicken, Stuffing & Gravy v Vegetable Jalousé Medley of Vegetables Creamed Potatoes Pitta Bread ***** Rice Pudding & Jam Fresh Fruit & Yoghurt	Meat & Potato Pie, Gravy v Vegetable Pie Roast Carrots & Green Beans Creamed Potatoes Crusty White Bread ***** Yoghurt & Biscuit Fresh Fruit & Yoghurt
<b>W E D N E S D A Y</b>	Chicken Korma v Cheese Jacket Potato Green Beans & Cauliflower Savoury Brown Rice Naan Bread ***** Jam Roly Poly & Custard Fresh Fruit & Yoghurt	Lasagne v Vegetable Lasagne Potato Wedges Mixed Salad Herbie Bread ***** Chocolate Surprise Cake Chocolate Sauce Fresh Fruit & Yoghurt	Roast Pork, Apple Sauce, Gravy v Pea & Potato Croquette Broccoli & Sweetcorn Roast Potatoes Pitta Bread **** Apricot Bar & Custard Fresh Fruit & Yoghurt
<b>T H U R S D A Y</b>	Mexican Beef Pot and Corn Bread v Vegetable Hotpot Sweetcorn Medley Potato Wedges ***** Apple Crumble & Custard Fresh Fruit & Yoghurt	Pork & Apple Plait & Gravy v Broccoli Frittata Savoy Cabbage & Carrots Parsley Potatoes Sliced Wholemeal Bread ***** Sticky Date & Apple Bar & Custard Fresh Fruit	Chicken Makhani Curry v Cowboy Bake(Baked Bean and Potato Layer) Medley of Vegetables Brown Rice Garlic Bread ***** Treacle Sponge & Custard Fresh Fruit & Yoghurt
<b>F R I D A Y</b>	Battered Fish v Tuna Jacket Potato Tomato Sauce Peas & Carrots Chipped Potatoes Wholemeal Bread **** Chocolate Crisp Fresh Fruit & Yoghurt	Breaded Salmon Fillet Tomato Sauce v Cheese Catherine Wheel Broccoli & Sweetcorn Potato Wedges Poppy Seed Bread ***** Fruit Salad Fresh Fruit & Yoghurt	Fish Fingers v Cheese & Tomato Slice Peas Saute Potatoes Herbie Bread ***** Raspberry Biscuit Fresh Fruit & Yoghurt

**Child's Name:** .....

**Class:** .....

Please talk to your child and circle which option you would like and return to school by Thursday 8<sup>th</sup> December. If we do not receive your form, your child will automatically get the main choice on the menu. We are also offering a jacket potato every day this term - please write JP if you would prefer this option