

## Gargrave CE (VC) Primary School

### SEX AND RELATIONSHIP POLICY

Document Status			
Date of Next Review	Spring 2018	Responsibility	.....Committee
Success Criteria for review completion		Responsibility	(Chair)
Date of Policy Creation	7.3.2016 R Holme	Responsibility	Chair of ...
Date of Policy Adoption by Governing Body		<b>Signed</b>	
Method of Communication (e.g Website, Noticeboard, etc)			

#### Objectives

#### What Is Sex and Relationship Education?

Sex and Relationship Education is lifelong learning about the emotional, social and physical aspects of growing up, relationships, sex, sexuality and sexual health. It helps pupils gain accurate information, develop skills and form positive beliefs, values and attitudes. It also gives pupils essential skills for building positive, enjoyable, respectful, loving and non-exploitative relationships, staying safe both on and offline. Enabling them to take responsibility for their body, relationships, reproduction, sexual health and wellbeing.

#### Aims

##### Attitudes and Values

- learning the importance of values, individual conscience and moral considerations
- learning the value of marriage, family life and stable relationships
- learning the value of respect, love, care and relationships that are healthy, equal and safe
- exploring, considering and understanding moral dilemmas
- challenge stereotypes and gendered expectations for both boys and girls
- developing critical thinking as part of decision making
  
- **Personal and Social Skills**
- learning to manage emotions and relationships confidentially and sensitively
- developing self-respect and empathy for others
- equipped with the information, skills and values to have safe, fulfilling and enjoyable relationships

- learning to make choices based on an understanding of difference and with an absence of prejudice
- explore and develop the social and personal skills needed to make informed choices with an appreciation of the consequences of choices made
- develop assertiveness skills to managing negotiation and conflict
- learning how to recognise and avoid abuse, control and exploitation, and how to seek help if they are being abused / exploited
- learning how to recognise pressure and ways of dealing with it
- understand a range of 'different families' and sexualities: Lesbian, Gay, Bisexual and Transgender (LGBT) and able to challenge transphobic and homophobic language
- able to take responsibility and have respect for their bodies, wellbeing and sexual health
- develop the knowledge and skills to be able to seek appropriate help

### **Knowledge and Understanding**

- learning and understanding physical and emotional development at appropriate stages, including the appropriate terminology to describe the names for their genitalia and reproductive organs
- learn that their body belongs to them and they can say who has access to it
- learn and implement strategies to keep safe both on and offline
- consider the impact of the media on body image and portrayal of all genders
- understanding human sexuality, reproduction, sexual health, emotions and healthy relationships
- learning about contraception and the range of local and national sexual health advice, contraception and support services
- learning the reasons for delaying sexual activity, and the benefits to be gained from such a delay
- the avoidance of unplanned pregnancy
- learn about the law and sexual consent

### **Arrangements**

Members of staff ensure the knowledge and skills pupils acquire are appropriate to their age and level of maturity. SRE is taught throughout both key stages as part of the PSCHE curriculum and in the context of life cycles in science lessons. Issues which are raised outside these lessons will be dealt with appropriately and sensitively. Pupils are given opportunities to express themselves within a trusted and safe environment; questions, thoughts and anxieties will be dealt with in a sensitive manner. The development of pupils' self-esteem is essential to an effective health education programme.

A trained member of teaching staff teaches Y5/6 pupils (Year 5/6 girls and Y5/6 boys) about changes that occur during puberty. Teaching takes place in single sex groups during the Summer term. Parents are consulted about the content of what is taught and may discuss any concerns with teaching staff. Parents have the right to withdraw their child from the lessons.