

Gargrave C of E Primary School Thursday 6th March 2025



Issue 12



White Ribbons

Eleanor—Showing more confidence in her independent learning
Landon—Being more confident with his counting
Eadie—Great reading
Grace—Good engagement and answers in PSHE
Amelia—Fantastic teamwork
Esme—Great concentration
Reggie—Excellent PSHE
Maddie—Fantastic Phonics
Stanley—Wonderful, expressive reading
Willow—Perseverance in computing
Rosie—Great focus in all lessons
Lily—Working hard on Times Tables
Elijah—Great work on ratio in maths
Romie—Super working attitude all the time
Harriet, Jenson, Lily, Amelie, Grace, Bentley, Finn, Amber, Annabelle, Betsy, Phoebe, Romie, Thea, Archie—Excellent participation and engagement in Young Voices

Young Voices—Manchester

14 pupils from Key Stage 2 and two members of staff attended the Young Voices concert last week. Young Voices is the largest choir in the world. The children worked hard and practised the songs every week for three months in order to sing at the concert.

On the day, they were joined by pupils from 30 other school at Manchester Co-Op Live arena and performed in front of a packed audience. The atmosphere was absolutely amazing, and all of the children sang their hearts out.

We are very proud of their commitment and exemplary behaviour both leading up to and during the trip. Thank you to all parents and carers who supported the children practising and who came on the night to share in this memorable experience.

Willow Class—Sports Trilogy (28th March)

Willow class are attending this event with school staff. Travel on Bibby's bus. This event is covered under your annual consent from. Please dress according to the weather.

Easter

Decorated Easter Egg competition will be held in the last week of term. Please send your entries in that week. There will be prizes for winners from each year group. Rev Andrew will be judging the entries.

On the last day of term we shall hold an Easter Egg bingo competition during the school day. Please send donations of eggs and these will be used as prizes. Normally families are very generous and we ensure that they all distributed. Please send any donations of chocolate eggs in that final week too- from the 31st March.

Mrs Aldous will be off work from the 14th March. We shall have some cover, but it is possible that emails and the phone will not be responded too as quickly as you are used to. Please be patient with us in her absence.

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@gargraveprimary

Menu

This is the main choice—there is a vegetarian option and jacket potato available every day.

Monday 10th March

BBQ Chicken Pieces
School Cake

Tuesday 11th March

Meat & Potato Pie
Cherry Oak Cookie

Wednesday 12th March

Sweet & Sour Pork
Pineapple Upside Down
Cake & Custard

Thursday 13th March

Mac 'n' Cheese
Vanilla & Choc Wheel Biscuit

Friday 14th March

Burger in a Bun
Manchester Tart

Monday 17th March

Salmon Fishcake
Raspberry Buns

Tuesday 18th March

Cheese & Tomato Pinwheel
Apple Crisp & Crème
Fraiche

Wednesday 19th March

Cottage Pie
Strawberry Delight

Thursday 20th March

Garlic Chicken
Fruit Burst Muffin

Friday 21st March

Proper Hotdogs
Swiss Roll

Upcoming Lunchtime Specials

The new menu has been going down very well in school this half term and the children are trying new foods and loving it!

Mrs Robinson & Mrs Fellows have put their heads together and come up with another two special's days. These are:-

Easter Special

2nd April (same day as Come Dine With Me for Apple Class –see details below)

Spring Chicken Pie
Butter potatoes
Spring Vegetables
Easter Chocolate Crunchie

VE Day Special

8th May
Beef Stew & Dumplings
Seasonal Vegetables
Empire Biscuits

If your child usually has a packed lunch and would like a school meal on this day, please contact Mrs Aldous.

Cross Country Events Up To Easter

11th March final Keighley and Craven race at Marley. This is the fourth and final event of the 4-race series. It has been fabulous to see the pupils enjoy their experiences. School vests and numbers have been sent home to the pupils who have taken part before.

Some pupils who have taken part in these events and finished in the top 20 have been invited to an additional inter-area event on 27th March, same timings, at Keighley.

Three pupils, have been invited to the North Yorkshire finals at Giggleswick on 20th March to run against the top qualifiers across North Yorkshire. We are delighted that they have qualified to represent Craven.

The final cross country clubs are on Tuesday 18th and 25th March. It has been great to see pupils encouraging each other.

World Book Day

There were some fantastic costumes today in celebration of World Book Day. A prize was given for the best in class—an incredibly hard decision as they were all so good! Staff dressed as characters from the book "Somebody Swallowed Stanley". A selection of photos are attached.

Apple Class

Apple Class parents are invited to class worship on Tuesday 25th March—9am start with an opportunity to visit the classroom afterwards.

Parents are also invited to dine with their child on Wednesday 2nd April at 11.30. We can only accommodate 1 person per child and the cost is £3.60 which is payable on The School Gateway. Please email admin@gargrave.n-yorks.sch.uk if you would like to attend and the amount will be put on your account.

World Book Day 2025



The winners with the judges



Young Voices



Online Safety Newsletter

March 2025

The impact of smartphones



There is a growing concern on how excessive use of smartphones can affect our children.

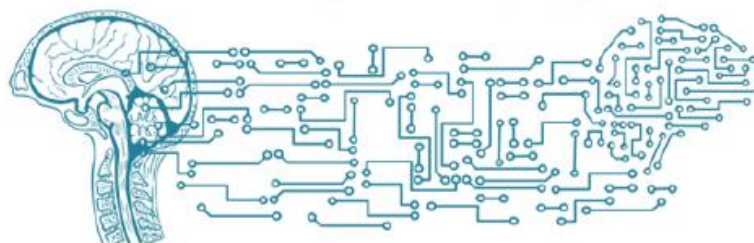
In addition to the effects of seeing inappropriate content online, the risk of cyberbullying and grooming, it is important that we also highlight the effects of smartphone use on our children's mental health.

If your child is using a smartphone then please try to ensure they maintain a healthy screentime limit.

According to King's College London, "two new studies of smartphone habits in teenagers have identified links between problematic smartphone use and depression, anxiety and insomnia." You can read more about these studies here: <https://www.kcl.ac.uk/news/teens-with-problematic-smartphone-use-are-twice-as-likely-to-have-anxiety-and-many-are-eager-to-cut-down>

Compass have published an article as well on what effects mobile phones have on children here: <https://www.compass-uk.org/services/compass-changing-lives/what-effects-do-mobile-phones-have-on-children-and-young-peoples-mental-health/>

Artificial Intelligence (AI)



What is AI?

AI is when a computer/machine can learn and perform tasks like a human. Its popularity continues to increase, and examples include:

- **Virtual assistants** like Alexa and Siri.
- **Chatbots** such as ChatGPT and My AI from Snapchat

Potential Risks of AI?

- **Chat apps** - A simple search of "AI Chat" within the App store highlights the number of apps already available and just scrolling through, you can see that they are not suitable for children with many rated as 17+.
- **Image manipulation** – there are AI tools that can be used to digitally remove clothes from photos, which clearly raises serious safeguarding and privacy concerns.
- **Deepfakes** – there are also AI tools that create realistic, fake videos which can be used to spread misinformation or cause harm.

Child Rescue Coalition discuss the dangers in more detail here:

<https://childrescuecoalition.org/educations/the-dark-side-of-ai-risks-to-children/>

How can I protect my child?

As always, to keep your child safe online, it is important to:

- Develop your child's digital literacy by highlighting the risks of AI and showing them how important it is to verify what they see online.
- Set up appropriate parental controls on their devices/ broadband.
- Chat to your child regularly and ensure your child knows that they should talk to you or another trusted adult if anything concerns them.

Further information

For further information, the NSPCC and Internet Matters provide useful guides on their websites:

- <https://www.nspcc.org.uk/about-us/news-opinion/2025/artificial-intelligence-safety-tips-for-parents>
- <https://www.internetmatters.org/resources/parent-guide-to-artificial-intelligence-ai-tools/>

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TikTok

You must be over 13 years of age to use TikTok. TikTok is a social media platform for sharing and watching short video clips. Some of the videos may not be appropriate for your child to view and there is also the risk of strangers contacting your child. If your child is using TikTok then make sure appropriate security/privacy settings are applied.

Account set up

It is important that when setting up an account, your child enters their real date of birth as accounts are tailored by age e.g., Direct Messaging is disabled for accounts aged 13-15. In addition, advertisements are tailored by age. By default, accounts for people under 16 are set to private and we would recommend keeping it as this. This means your child must approve follower requests. You can read more about the other settings available, such as switching off comments and restricted mode here: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/privacy-and-safety-settings-for-users-under-age-18>

Family Pairing

This allows you to link your own account to your child's account. You can then set controls such as restricted mode. You can find out more here: <https://support.tiktok.com/en/safety-hc/account-and-user-safety/family-pairing>

Inappropriate content, themes and challenges on TikTok

Whilst against TikTok's guidelines, explicit and inappropriate content can be found on this platform, for example nudity/sexual content and hate speech. Some of the songs available to lip sync to may contain inappropriate lyrics or adult themes. We often see viral challenges on social media, some of which can be dangerous. If your child is using TikTok, chat to them regularly about what they are viewing.

Stranger contact

Talk to your child about who is following them online and ensure that they understand that people may not be who they say they are when online. It is important that children understand not to share personal information.

Refresh your feed

You can refresh your "For You" feed to update the content recommended: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/refresh-your-for-you-feed>

Blocking and Reporting

Ensure your child knows how to use the safety features available to them, including how to report comments, direct messages and another user.

Further information

- <https://parentzone.org.uk/article/tiktok>
- <https://safeguarding.thekeysupport.com/factsheets-and-briefings/child-safety-tiktok-parent-factsheet/>



Talk PANTS with the NSPCC

Talk PANTS was developed to help you have conversations with your child to help them understand that their body belongs to them.

You can find out more here as well as a further link to helpful questions:

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

LEGO Arcade

Are you looking for games for your child to play online? LEGO have a selection of fun games including Lego Ninjago and Lego Friends:

<https://kids.lego.com/en-gb/arcade>

Stars Messenger App

The Stars Messenger App is rated as 4+ on the App store. It is a free messaging and video app designed for children to use. Users need their friend's username as well as their unique private Friend Code to add each other. There is also an optional Parent View available for a monthly charge.

South West Grid for Learning provide a full guide to staying safe on this app as well as safety considerations:

<https://swgfl.org.uk/magazine/a-guide-to-staying-safe-with-the-stars-messaging-app/>



Wild Explorers

Where nature, fun and adventure collide!

A child-led, fun and nurturing holiday club set in beautiful woodland on the Broughton Estate.

**We are an
OFSTED
registered
outdoor
holiday club
where children
can play, enjoy
a campfire,
woodland
crafts, tools
and much
more!**



Price

£35 per child per day
Childcare vouchers accepted

Age

Reception - Age 13

Easter Holiday Club

7th - 11th April & 14th - 17th April

*Birthday parties also available year round
email us for more info*



Time

9.30am - 3.30pm

Location

Broughton Hall Estate



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www.wildexplorers.org.uk