

Gargrave C of E Primary School Thursday 5th June 2025



Issue 16



White Ribbons

Elliott—Showing a good attitude to learning
Grace—Being a kind caring member of Apple class
Eadie—Working hard on all her learning
Bobby—Great effort in hi English work
Ava—Fr kindness to all classmates
Amelia—Incredible effort in all lessons
Henry & Jacob—Working hard, showing love for friends and environment
Ezrha—Great French speaking and reading
Jack—Excellent focus in all lessons
Stanley C—Great attitude in all lessons
Ethan—Super maths work
All Y6—Working really hard through SATs
Freddie—Great contributions in RE
Yulian—Super progress in phonics

Class Structure Next Year

Please see the separate letter alongside this newsletter which details staff/class structure for next year. If you have any questions, please call/email school to discuss.

Growing up in North Yorkshire

Every 2 years since 2006, North Yorkshire Council has done the Growing up in North Yorkshire survey with children and young people in schools to find out what they think about various aspects of health, wellbeing and learning/education. Please see attached flyer which shows the main findings from the last survey and to direct families to information, support and services that may be helpful.



We are proud to present our annual Gargrave production of Star Wars-the Empire strikes back! This will be held at Gargrave Village Hall on Thursday 3rd July at 1:30 and 5:30pm. Tickets are priced at £3 each to cover the cost of the production and hire of the Village Hall (children aged 11 and under are free—we ask that they are supervised and are quiet so that everyone can hear and enjoy the production).

If you would like tickets, please email admin@gargrave.n-yorks.sch.uk stating how many you would like and for which performance. A payment will then be put on your School Gateway account and once monies have been received, tickets will be issued. Further information regarding costumes, as well as drop off and collection times will follow.

Class Worship

You are invited to the following class worships @ 9am.
Apple Class—18th June
Ash Class—2nd July
Oak Class—Leavers Service on 17th July at 1.30 in Church

Gargrave CE (VC) Primary School, Neville Road, Gargrave, BD23 3RE

Tel: 01756 749433

Email: admin@gargrave.n-yorks.sch.uk

Website: www.gargrave.n-yorks.sch.uk



@gargraveprimary

Menu

This is the main choice—there is a vegetarian option and jacket potato available every day.

Monday 9th June

Katsu Chicken
Rhubarb & Custard Cake

Tuesday 10th June

Meat & Potato Pie
Yoghurt & Summer Fruit

Wednesday 11th June

Chicken Pasta Bake
Strawberry Delight

Thursday 12th June

Mexican Quesadilla
Chocolate Fudge
Biscuit

Friday 13th June

Margherita Pizza
Chocolate Fudge Cake

Monday 16th June

Fishfingers with mash
Summer Fruit Drizzle

Tuesday 17th June

Chilli Con Carne
Cinnamon Swirl

Wednesday 18th June

Mac 'n' Cheese
Cherry Pie & Ice-Cream

Thursday 19th June

Cowboy Pie
Zesty Lemon Biscuit

Friday 20th June

Popcorn Chicken
Fruit Trifle

Tempest Photographs

It's time to find a spot on the mantelpiece or a space on the wall as we're delighted to let you know that your recent group photographs are now ready to view and purchase using the following links:-

<https://htmp.st/Gargrave25-ReceptionPre> (Nursery Children—Apple)
<https://htmp.st/Gargrave25-Reception> (Reception Children—Apple)
<https://htmp.st/Gargrave25-Y1-2> (Y1/Y2 Children—Ash)
<https://htmp.st/Gargrave25-Y3-4> (Y2/Y3 Children—Willow)
<https://htmp.st/Gargrave25-Y5-6> (Y5/Y6 Children—Oak)
<https://htmp.st/Gargrave25-Y6> (Y6 Children—Oak)

A free "deliver to school" option is open for approximately 14 days, alternatively, home delivery is available at a cost of £5 postage and packing.

If you need assistance or have any questions regarding placing an order, please call 01736 751555 (option 3) or click on the "contact" button on the Tempest Photography website home page (htempest.co.uk) where their friendly team will be happy to help.

Upcoming School Meal Specials

Mrs Robinson is putting a couple of specials on this term to celebrate the following:-

King Charles Birthday—13th June
Margherita Pizza & Chips
Chocolate Fudge Cake

Wimbledon Special Pudding—30th June
Strawberries and Cream

If your child usually has a packed lunch and would like a school meal on these days, please email admin@gargrave.n-yorks.sch.uk.

Library Visits

Classes will visit the library on the following dates this term:-

Oak Class—6.6.25
Willow Class—16.6.25
Ash Class—25.6.25
Apple Class—2.7.25

Sport

Willow class will be taking part in mini Olympics at Sandylands on 13th June. They will need to wear their PE kit and dress for the weather. There is no charge for this—school will fund along with the transport costs.

Bun Sale—Willow Class

The PTA wish to thank everyone for their support in the bun sale before half term. This raised £156.00.

Accordion Lessons

Pupils attending accordion lessons on a Tuesday with Mr Hinchcliffe—please note the funding has now finished and is now on Invoice (one off accordion hire £7 and £4 per session. Anyone wishing to discontinue please let Mrs Aldous or Mr Hinchcliffe know to take off the timetable and return Instrument to school for collection. Thank you.



SUNDAY SPORTS

Powered by Skipton Tennis Centre

Sundays 9:30 - 10:30am

June 8, 15, 22, 29 & July 6, 13

Choose from ...

FREE Family Sportathon

- Open to all families with children aged 3-7yrs
- Sandylands large sports hall
- Fun, interactive games & skills
- Adult & child participate together
- Tennis Multisports & Free Play

FREE Family Tennis

- Open to all families
- Outdoor purple courts at STC
- Rally with and challenge family & friends
- Play Tennis points & matches
- Battle the coach

Develop
physical skills
Enhance
mental well being
Build
PE confidence
Inspire
healthy lifestyles



To book your place contact STC Head Coach Jonny Moore via WhatsApp
07795 516498
Limited places

info@skiptontennis.com www.skiptontennis.com

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PRESSED FLIGHTS LTD

SANDYLANDS
SPORTS CENTRE

Younger Primary School Children

Every two years since 2006 North Yorkshire Council has done the Growing Up in North Yorkshire survey with children and young people in schools across North Yorkshire to find out what they think about various aspects of health, wellbeing and learning/education.

This flyer aims to share the main findings from our last survey and to direct families to information, support and services that may be helpful.


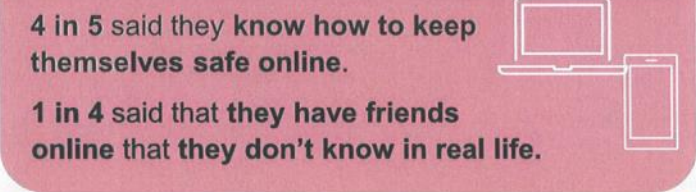
This flyer aims to share the main findings from our last survey and to direct families to information, support and services that may be helpful.

The below facts are about **6–7-year-olds**

Online Safety

4 in 5 said they **know how to keep themselves safe online.**

1 in 4 said that **they have friends online that they don't know in real life.**

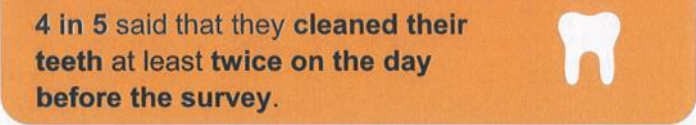
A white line-art illustration of a laptop and a smartphone. The laptop is open and positioned to the left of the smartphone, which is standing upright. Both devices are simple outlines with no internal details.

1 in 4 said that **they have friends online that they don't know in real life.**

Talking about internet use and safety helps to protect children from risks.

Oral Health

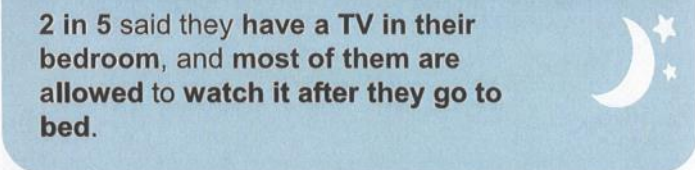
4 in 5 said that they **cleaned their teeth** at least **twice** on the day **before the survey**.



Good oral health can keep children free from toothache, infection and cavities.

Sleep

2 in 5 said they **have a TV in their bedroom**, and **most of them are allowed to watch it after they go to bed.**




Managing screen use and technology-free bedrooms and bedtimes can help your child get a good night's sleep.

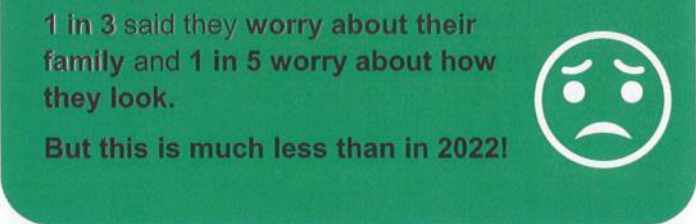
Emotional Health and Wellbeing

1 in 3 said they worry about their family and 1 in 5 worry about how they look.

But this is much less than in 2022!

A white line-art icon of a sad face with downturned eyebrows and a frown, set against a dark green background.

But this is much less than in 2022!




Helping children to understand their feelings and ways that they can manage them can be helpful for the future.

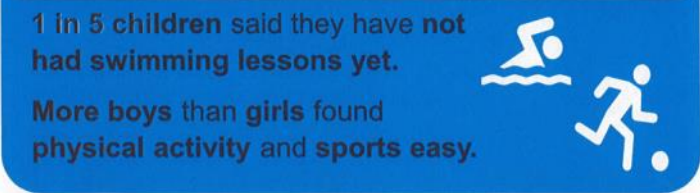
Physical Activity

1 in 5 children said they have **not** had swimming lessons yet.

More boys than **girls** found physical activity and sports easy.

A white icon on a blue background depicting a swimmer and a soccer player. The swimmer is on the left, shown in a side profile with one arm extended forward. The soccer player is on the right, shown in a running pose with one leg forward and a soccer ball at their feet.

More boys than girls found physical activity and sports easy.



Staying active has been shown to improve **physical** and **mental** health. Help your child to find ways to stay active that they enjoy!



Older Primary School Children

The below facts are about **10–11-year-olds**

Healthy Eating

1 in 4 said they **ate at least 5** portions of **fruit and veg** on the **day before the survey**.



Help your child to add more **fruit and vegetables** into their diet **through snacks, drinks and meals!**

Sleep

1 in 5 said that they **go to bed after 10pm**, with **3 in 5** saying they **felt tired at school** the day **before the survey**.



Encouraging calming activities before bed, such as **reading or listening to soft music**, can create a **great nighttime routine!**

Online Safety

3 in 10 said they were **never supervised when online at home**. This has **gone down since 2022**.



It can be **helpful to set clear rules** about which **websites and apps** are allowed, and **how much time** can be **spent online**.

Emotional Health and Wellbeing

4 in 5 boys and 1 in 2 girls are **not worrying about growing up**. Of those who are, **4 in 5** said they **worry most days**.

Other concerns include **family death, transitioning to secondary school and appearance**.

More girls than boys said they **worry about how they look**.



Encouraging children to do activities away from screens such as **being active and/or outdoors, music, art, and books** can **reduce worry** and help them to **develop socially and emotionally**.

Online Bullying

1 in 10 said they had been **bullied online**. This is the same as in **2022**.



Getting your **child involved in activities** that **boost their confidence and self-esteem** can be **helpful, especially when life gets challenging**.



Resources and Services for Parents and Carers

The NSPCC Website

The NSPCC website has resources and information on several topics including bullying, safety online, and healthy relationships.



<https://www.nspcc.org.uk/>

Better Health Healthier Families

The Better Health website contains resources and information to help families eat better and move more.



<https://www.nhs.uk/healthier-families/>

The Sleep Charity

The Sleep Charity, provides advice and support to empower the nation to sleep better. Covering topics like; sleep problems, bedtime routines and night terrors.



<https://thesleepcharity.org.uk/information-support/children/>

Mental Health Support

The Go-To website contains resources, links and information to support parents, carers, and young people in North Yorkshire to find the right help and support to stay well.



For healthy minds in North Yorkshire

<https://thegoto.org.uk/>

North Yorkshire Healthy Schools

More resources and information for families can be found at the Healthy Schools website.



North Yorkshire &
York Healthy Schools
North Yorkshire Healthy Early Years

<https://healthyschoolsnorthyorks.org/parents/>



Youngminds

The Youngminds website is a resource for both young people and adults. It aims to help young people understand how they're feeling, find ways to feel better, and ways to support someone who is struggling.

YOUNGMINDS

<https://www.youngminds.org.uk/>

The UK Safer Internet Centre (UKSIC)

UKSIC is a resource that offers advice and support on how to stay safe online and what to do when something happens.



<https://saferinternet.org.uk/>

Solihull Approach

The Solihull Approach offers free resources and information on supporting the emotional health and wellbeing for children and families, who live or go to school in North Yorkshire.

UNDERSTANDING YOUR CHILD



<https://solihullapproachparenting.com/>

Growing Healthy

Growing Healthy is a local NHS service designed to support the health and wellbeing of children and their families from birth to 19 years old. The site has information and support on a wide range of areas.



<https://hdfchildrenshealthservice.co.uk/ourservice/growing-healthy-0-19-north-yorkshire/>

North Yorkshire Safeguarding Children Partnership (NYSCP)

NYSCP is a service that offers resources and information to ensure that children and young people are kept safe.



<https://safeguardingchildren.co.uk>

Leaflet produced by Public Health and the North Yorkshire Safeguarding Partnership at North Yorkshire Council

