

White Ribbons

Grace—Fantastic story sequencing and retelling in her own words

Maxwell—Great phonics work

Caoimhe—Being a kind and caring member of the class

Bobby—Using good explanations in maths

Katie—Excellent perseverance in writing

Anaia—Fantastic effort all round

Henry—Wonderful teamwork

Ava—Super return to school and perseverance

Mabel—Great speaking in French

Elliot—Excellent contribution in discussions

Livvy—Great focus and understanding doing graphs in maths

Stanley—Excellent length work in maths

Archie—Excellent work in science

Yulian—Super progress in writing

Alfie—Great engagement in geography

Annabelle—Super work in WCGR

After-school clubs

These have resumed for the spring term and we are delighted to be able to offer a mix of activities. These are possible as the staff involved give up their time to run them. Please be aware that the dates are different for each club and were sent out last week (attached again at the end of this newsletter). Clubs finish at 4pm, except Kanga which finishes at 4:15pm.

Cross-Country running Years 3 - Year 6 girls and boys

The third event in the Keighley and Craven series takes place on Wednesday 5th February. It takes place at the same place as the first one - Cliffe Castle. I will send out school vests and numbers to all those who have taken place previously. If your child can't run please return number and vest. If they run, please return after the event. I shall try and attend and support all those taking part.

Also, we were unable to attend the first round of the inter-school cross country event as it was on the same date as our nativity. The organiser has offered a few places to pupils who are likely to have been placed in the top 12 at the first round. This event will take place on Thursday 13th February at Giggleswick school, during the afternoon. If your child has taken part before they will know it is a competitive and fun event. I shall contact those who may be able to represent school individually. Mrs Peel

Come Dine with Me

Ash class parents are invited to have lunch with their child on Wednesday 12th February at 11.30am. Lunch that day will be salmon fishcakes followed by pinwheel biscuits. Due to space in the hall, we have to limit this to 1 adult per child. If you wish to attend, please email admin@gargrave.n-yorks.sch.uk and £3.60 will be made available to pay on the school gateway.

Staff in School

We thought it might be nice to introduce you to some staff that you may not have any contact with on a day to day basis. In this newsletter, we have focused on the kitchen staff—Miss Robinson and Mrs Fellows. Please see their article on page 3 along with the new menu for next term.

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Menu

This is the main choice—there is a vegetarian option and jacket potato available every day.

Monday 3rd February

Fish Fingers & Chips Anzac Biscuit

Tuesday 4th February

Meatball Tomato Pasta Apple Pie & Custard

Wednesday 5th February

Roast Chicken Dinner Jelly & Fruit

Thursday 6th February

Veg Nachos with Rice Iced Biscuit

Friday 7th February

Beef Burrito & Curly Fries Rice Pudding

Monday 10th February

Salmon Bites Oaty Biscuit

Tuesday 11th February

Meat Loaf Plum Crumble

Wednesday 12th February

Salmon Fishcakes Pinwheel biscuit

Thursday 13th February

Chicken Pitta Pocket Iced Bun

Friday 14th February SPECIALS DAY

Spaghetti Bolognaise Chocolate Brownie

Dates

The last newsletter listed the dates for the term. Please note these down. Previous copies of the newsletter are posted on the school website.

Collective Worship

You are invited to your child's class worship, starting at 9am followed by the opportunity to look at their books in the classroom. Dates are:-

13.3.25	Willow Class Worship
20.3.25	Oak Class Worship
25.3.25	Apple Class Worship
3.4.25	Ash Class Worship

We also have a special service where pupils share their achievements from out of school. The last one was in October and we look forward to hearing what they have been doing since then on **Thursday 13th February**. Please send your child to school with their certificates, awards etc.

Safeguarding

Safer Internet Day 2025 will take place on the 11th of February 2025, with celebrations and learning based around the theme 'Too good to be true? Protecting yourself and others from scams online'.

Safer Internet Day is the UK's biggest celebration of online safety. Each year we cover an online issue or theme that speaks about the things young people are seeing and experiencing online. Created in consultation with young people across the UK, this year Safer Internet Day will be focusing on the issue of scams online and for young people, how to protect themselves and others, as well as what support is available to them.

All the pupils will learn about being safe on-line. This will be through worship and classes.

We have also reviewed our Internet Safety policy which can be found on the school website under the policies tab. It is very comprehensive and covers a wide range of themes and takes into account the current expectations. Please take a look at it and also keep an eye on the monthly guidance shared on the newsletter from Knowsley LA (February's edition is attached). The challenges to keeping children safe online are always there and ever changing. Please speak to a member of staff if you have any questions about internet safety. In school we have internet filtering and this is monitored closely. We also have a police officer coming into school on 3rd February to deliver an assembly to the whole school on how to stay safe online.

Child Measurement Programme

A reminder that children in Reception and Year 6 will take part in the child measurement programme tomorrow (details emailed on 8th January.

Dance Showcase

Parents of children in Apple and Ash class are invited to a dance event on 13th February @ 2.45pm. This showcases what the children have learnt with Mr Bullock this term.

Focus on the Kitchen

Both myself and Mrs Fellows are excited to be a part of the newsletter and share with you a taste of what's to come.

I'm Miss Robinson and the newest member of the team at Gargrave School. Having worked in the catering industry for over 25 years, I am excited to use my knowledge and skills in my new role as the school cook. Since starting in January Mrs Fellows has been instrumental in providing me with information of the likes and dislikes of all the children who have school lunches. With this in mind we have devised a new Spring/Summer menu to start after the half term holiday which we hope you will all like. All menus can be adapted for those who have special dietary requirements, ie, dairy, gluten, lactose free, please let Mrs Aldous know (admin@gargrave.n-yorks.sch.uk) of any intolerances to pass on to me.

The new school menu will now be open to one and all, any day of the week and not just offered on Fridays to those on packed lunch as the system is now. If there's something on the menu your child likes we encourage them to join us with a school lunch regardless of what day of the week it is. For example, if they like Cottage Pie on a Wednesday in Week 1 and Cowboy Pie on a Thursday in Week 2, please let Mrs Aldous know before the start of next term and she will make the necessary adjustments, you will just provide a packed lunch for the other days like you do now. We just ask you to decide now and it remains the same for the whole term of the menu (payment, if applicable, will be on The School Gateway). Menus will not be sent home, we ask that everybody tries the new menu every day, and speak to me if they really don't like it and an alternative will be provided.

As well as the new menu, watch out for the 'Special's Day' in the newsletters that will be offered. Our first Special's Day kicks off in February for Valentines Day (see below). If your child currently has a packed lunch but would like to join us for lunch on this day, please let Mrs Aldous know

Friday 14th February - Valentines Day Special - Spaghetti Bolognaise followed by Chocolate Brownie Tuesday 4th March - Shrove Tuesday Special - Fish and Chips followed by Scotch Pancakes with fruit compote and ice cream.

We look forward to hearing your feedback.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Salmon fishcake Or Veggie cake Served with new potatoes & seasonal veg Raspberry Buns	Cheese & Tomato Pinwheel Served with chips & Veg sticks Apple Crisp &	Cottage Pie Or Quorn Cottage Pie Served with vegetables Strawberry Delight	Garlic Chicken Or Garlic Quorn Chicken Served with wholegrain rice and green beans Fruit Burst Muffin	Proper Hotdogs Or Veggie Dogs Served with curly fries Beans or peas Swiss Roll
	Chicken Enchiladas	Crème Fraiche Chilli Con Carne Or	Veggie Pasta Bake	Cowboy Pie Or	Popcorn Chicken Or
WEEK 2	Veggie Enchiladas Served with potato wedges & veg sticks	Quorn Con Carne Served with wholegrain rice & pitta bread	Served with garlic bread and green beans	Veggie Cowboy Pie Served with seasonal veg	Quorn Chicken Served with French fries, beans or peas
	Chocolate Krispie	Summer Berries & Greek Yoghurt	Custard Cookie	Fruit Scone & Jam	Fruit Trifle
WEEK	BBQ Chicken Or BBQ Quorn Pieces	Meat & Potato Pie Or Cheese & Onion Pie	Sweet & Sour Pork Or Veggie Sweet & Sour	Mac 'n' Cheese	Burger in a bun Or Veggie Burger
3	Served with potato croquettes & vegetables	Served with season- al vegetables	Served with wholegrain rice, peas & sweetcorn	Served with garlic bread and veg sticks	Served with wedges, beans or peas
	School Cake	Cherry Oat Cookie	Pineapple Upside Down Cake and Custard	Vanilla & Chocolate Wheel Biscuit	Manchester Tart





Online Safety Newsletter

Feb 2025

Messaging others

There are many ways in which our children can communicate online, for example via messaging apps, social media apps and online games such as FIFA and Fortnite. We need to understand how and who our children our communicating with to keep them safe online.

Ensure your child knows to talk to a trusted adult should they need to. However, remind them that it is not appropriate to contact teachers online, they should only use official school communication methods.

What are the risks?

- Bullying and inappropriate chat.
- Contact from strangers.
- Sharing personal information including images.
- Sextortion this is a form of extortion where somebody threatens to share a nude/sexual image of you.

How can I mitigate the risks?

- Ensure your child is accessing ageappropriate apps/games and that appropriate parental controls are set up.
- Chat to your child about the risks so they are aware of what can happen online.
- Depending on the age of your child, it may be more appropriate for devices to be used in family rooms so you can monitor what they are doing.

Further information

- https://www.ceopeducation.co.uk /parents/Concerned-about-yourchild/Online-contact-and-stayingsafe/
- https://www.brightcanary.io/what -to-do-when-your-child-sendsinappropriate-texts/

Squid Game – rated 15+

Season 2 of Netflix's Squid Game is now available and has been **rated 15** by the British Board of Film Classification (BBFC). You can find out why Squid Game has been rated 15 by visiting the BBFC: https://www.bbfc.co.uk/release/squid-game-q29sbgvjdglvbjpwwc01mzm3ndg.

Due to its popularity, Squid Game related content can be found on numerous other platforms such as YouTube, TikTok and Roblox, so your child may come across this show without even viewing it on Netflix. Content may range from trailers of the show or content that other people create such as memes and games.

What can I do?

- Parental Controls Set up appropriate parental controls on your broadband, devices and on individual apps to reduce access to content that is not appropriate for their age.
- Talk Chat to your child about age ratings and why this means certain programmes are not suitable for them to watch.
- Individual Profiles Set up child profiles on any streaming services to ensure your child is only viewing content appropriate to them.
- Reporting Make sure your child knows how to report and block on all platforms that they use.
- Explore Watch and explore things online together so you can see what your child is doing and how to support them.

More information:

It is important to talk to your child regularly about what they are watching and ensure that they know they should always tell you or another trusted adult if they do see anything upsetting. You can find out more about the type of inappropriate content your child might come across online here: https://www.internetmatters.org/issues/inappropriate-content/learn-about-it/

Should children have mobile phones?

The Children's Society explore this important question in their recent blog titled "Should children have mobile phones?" The article discusses concerns such as excessive screentime being linked with mental health issues as well as the benefits of a child friendly phone rather than a smart phone. You can read the full article here:

https://www.childrenssociety.org.uk/what-we-do/blogs/should-children-have-mobile-phones

Users of this guide do so at their own discretion. No liability is entered into.

Current as of the date released 01.02.25.

Snapchat

What is Snapchat?

Snapchat is a social media app used for messaging and sharing photos and videos. You must be 13+ to sign up. Users can send messages (snaps) to others that are only seen for a set time e.g., 10 seconds and users can also upload snaps to stories, which disappear after 24 hours.



Key Concerns

There are potential risks to using Snapchat, including:

- the risk of your child viewing content that is not appropriate for their age.
- location sharing (via Snap Map) (this can be switched off).
- cyberbullying.
- contact from strangers.
- excessive screen time.

Family Centre features

Snapchat's Family Centre is a set of parental controls and includes tools such as allowing you to:

- see who your child is friends with.
- see who your child has sent messages (not the contents of conversations though), photos or videos to in the last week.
- view a list of group members for groups that your child has been active in.
- · restrict content to limit access.
- report any accounts that you are concerned about.

You can learn more about Family Centre here: https://parents.snapchat.com/parental-controls?lang=en-GB

Safety tips

Please make sure the appropriate privacy settings are set up on Snapchat, including who can see their location and also ensure your child knows how to block and report other users if necessary:

 https://help.snapchat.com/hc/en-gb/articles/7012343074580-How-do-I-change-my-privacy-settings-on-Snapchat

More information

For more detailed advice and information:

- https://www.childrenssociety.org.uk/what-we-do/blogs/the-riskssnapchat-poses-to-children
- https://www.internetmatters.org/parental-controls/social-media/snapchat/

Do you need help managing your child's device?

You can use Google Family Link or Apple Family Sharing to help you depending on your child's device.

Google Family Link

This is a free parental control app from Google that lets you:

- View activity reports showing how long they spend on each app.
- Approve or block new app downloads.
- Set screen time limits.
- Find their location.

You will need to download an app and then decide appropriate settings.

https://families.google/familylink/

Apple Family Sharing

You can set up Family Sharing in the settings of your device. Family Sharing allows you to:

- Share Apple subscriptions and purchases from the App Store.
- Approve what children purchase/download.
- Limit screen time.
- Share locations and find devices.

https://www.apple.com/uk/family-sharing/

Monitoring Apps (paid for)

In addition, there are apps that you can pay for that you may find provides a better solution for you. Whilst we cannot recommend/endorse a specific product, these are some examples that you could review and test using a free trial:

- Norton Family: https://uk.norton.com/products/norton-family
- Qustodio: https://www.qustodio.com/en/
- Family Time: https://familytime.io/

Please check the dates carefully as not all clubs run every week.

After School Club - Spring 25

Mondays	Tuesdays	Tuesday	Tuesday	Wednesdays
Laser Tag	Running Club	Art & Crafts Club	SAT's Club	Badminton Club
(Cost applies)	Mrs Peel &	Mrs Rigby	Mrs Dawson	Mrs Holme
Kanga	(volunteer to	(R-Y2)	(Y6)	(Y3-Y6)
(R-Y6)	help)	3.15pm-4.00pm	3.15pm-4.00pm	3.15pm-4.00pm
(Max 32)	(Y3-Y5)			
3.15- <u>4.15pm</u>	3.15pm-4.00pm			
Already running until				
24.3.25	14 places	13 places	11 places	12 places
13.1.25	28.1.25	11.2.25	Half Term	29.1.25
20.1.25	4.2.25	Half Term	25.2.25	5.2.25
27.1.25	11.2.25	25.2.25	4.3.25 No club	12.2.25
3.2.25	Half Term	4.3.25 No club	11.3.25	Half Term
10.2.25	25.2.25	11.3.25	18.3.25	26.2.25
Half Term	4.3.25 No club	18.3.25	25.3.25	5.3.25
24.2.25	11.3.25 No club	25.3.25	1.4.25	12.3.25
3.3.25	18.3.25	1.4.25	22.4.25	
10.3.25	25.3.25		29.4.25	
17.3.25			6.5.25	
24.3.25				

Mondays	Tuesdays	Tuesday	Tuesday	Wednesdays
Laser Tag	Running Club	Art & Crafts Club	SAT's Club	Badminton Club
(Cost applies)	Mrs Peel &	Mrs Rigby	Mrs Dawson	Mrs Holme
Kanga	(volunteer to help)	(R-Y2)	(Y6)	(Y3-Y6)
(R-Y6)	(Y3-Y5)	3.15pm-4.00pm	3.15pm-4.00pm	3.15pm-4.00pm
(Max 32)	3.15pm-4.00pm			
3.15- <u>4.15pm</u>				
lready running until	16 places	13 places	11 places	12 places
24.3.25	Dania Thananan	Vatia Thamasan	Toby Pardslay	Annabelle Claxtor
	Rosie Thompson	Katie Thompson Millie Shaw	Toby Bardsley Grace Rimmer	Stanley Clayton
	Lenny Bullock			
	Taylor Dean-Moon	Kateryna Neiolova	Elijah Mavuso	Jenson Howard
	Harriet Page	Skylar Knapton	Liv Livesley	Archie Hair
	Zach Mitchell	Reggie Telford	Amelie Frew	Lenny Bullock
	Theo Mitchell	Elena Ross	Freddie Dodgson	Livvy Hair
	Amber Godson	Isabel Robertson	Bentley Johnston	Harriet Page
	Ethan Cave	Matilda Snowden	Archie Hair	Jack Rollinson
	Thomas Hargreaves	Grace O'Hara		Mabel Musgrove
	Elliot Brown	Maxwell Clayton		
	Livvy Hair	Frankie Snowden		
	Lily Robertson	Amelia Cowgill		
	Teddy Nelson	Cooper Musgrove		
	Henry Smith	cooper massiove		
	Jacob Smith			







