

# Gargrave C of E Primary School Thursday 11th April 2024



Issue 14



## White Ribbons

Bertie—Great mental maths  
George—Great phonics and fantastic reading  
Mabel—Always showing our school values  
Rosie—Determination to succeed when something is tough  
Toby—Great maths decimals work  
Harriet—Kindness to others  
Archie—All correct in fractions—loves them!  
Alistair—Amazing reading in class worship

## Parent Support through SELFA

**SELFA PARENT GROUP**  
GARGRAVE PRIMARY SCHOOL  
NEVILLE ROAD  
BD23 3RE

Join us to navigate the bumpy road of parenting together!

Building trust  
Communication  
Setting boundaries  
Family relationships

Friday mornings  
from 9.30am

Starts Friday 12th April 2024  
Arrive after school  
drop-off for tea & coffee  
Session starts at  
9:30am until 11am

SELFA  
YOUR LOCAL CHALLENGE GROUP

All parents/ carers welcome  
Refreshments provided

To find out more contact school on  
01756 749433  
admin@gargrave.n-yorks.sch.uk

Did you see the last newsletter where we were calling parents to join this support group run by SELFA. It will be held in school (starting tomorrow) for 6 weeks.

This would be after drop-off and be an informal confidential opportunity to explore being a parent. Tracy Hopkins who works for SELFA would lead and there would be no charge. There is a minimum number of 6 attendees so hopefully we have sufficient to take up this opportunity. Please let us know if you would like to attend or turn up and meet Tracey. Please try to attend.

## Decorate an Easter Egg Competition

There were some fabulous contributions for the "Decorate an Easter Egg Competition" before we broke up for Easter. Reverend Peter Thomas was in school that day and made the perfect judge. Whilst difficult to choose, the winners were:-

Reception—Violet  
Y1—Elena  
Y2—Zach  
Y3—Harriet  
Y4—Leo  
Y5—Bentley  
Y6—Sam

## Tennis @ Gargrave

Junior tennis starts again on Tuesdays at Craven Lawn Tennis Club, Gargrave - 3.30pm and 4.30pm groups available. All equipment provided. Contact Ji 07845416301 to book a place. All welcome.

Gargrave CE (VC) Primary School, Neville Road, Gargrave, BD23 3RE

Tel: 01756 749433

Email: [admin@gargrave.n-yorks.sch.uk](mailto:admin@gargrave.n-yorks.sch.uk)

Website: [www.gargrave.n-yorks.sch.uk](http://www.gargrave.n-yorks.sch.uk)



@gargraveprimary

"Work With All Your Heart"

### School Meals

Well done to Mrs Halls and Mrs Fellows in the kitchen who were inspected this week by the local authority for hygiene. They retained the 5 star rating we were previously awarded.

As per the last newsletter, Mrs Halls has changed the menu over the Easter holidays ready for the new Summer term. After consultation from the children, some dishes are new and some have remained on the menu as they are firm favourites.

We have not sent a paper choice menu home at all this academic year as some children are automatically put off by the name of the food and say they don't like it. By not sending it home, they try the food in school and more often than not, enjoy it. We encourage everyone on school meals to try the new menu and if they really do not like a particular option, Mrs Halls and the lunchtime staff will pick this up and offer a different choice. Jacket potato will remain an option every day.

We have three options for lunchtimes.

- 1) School meal Monday—Friday
- 2) Packed lunch Monday—Friday
- 3) Packed lunch Monday—Thursday with a school meal on a Friday

Please pay **in advance** of any meals taken via the school gateway.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Ham & Pineapple Pizza with Sautee Potatoes v. Cheese Pizza Fruit Meringue	Chicken Noodles v. Veg Noodles Chocolate Cookie	Pasta Bolognaise v. Macaroni Cheese Cornflake Tart	Toad in the hole v. Jacket Potato Angel Delight	Fish & Chips v. Veg Fingers Fairy Cakes
Week 2	Chickpea Korma v. Jacket Potato Fruit Salad	Chicken Nugget Wraps & Wedges v. Quorn Nugget Wrap Ginger Biscuit	Sandwich, Veg Sticks & Fruit Chocolate Muffin	Beef Burger v. Veg Burger Jam Tart	Bacon Pasta v. Cheese/Tomato Pasta Chocolate Brownie
Week 3	Fish Fingers & Wedges v. Veg Fingers Fruity Muffin	Pinwheel Pizza & Potato Salad v. Jacket Potato Marble Sponge	Chicken & Gravy Pie with crispy herby potatoes v. Veg Pie Ice Cream	Sausage Pasta v. Cheese/Tomato Pasta Swiss Roll	Beef Burrito v. Veg Burrito Sticky Toffee Buns

### National Exercise Day

This is celebrated on 18th April every year. It is a day to encourage everyone to participate in physical activities. Exercise enhances our general health by giving us more energy, making us feel better, and even extending our lives by years. Regular physical activity and exercise have several health benefits that are impossible to overlook. Everyone, regardless of age, gender, or physical ability, benefits from exercise. Unfortunately, despite how important exercising is, only a few individuals are dedicated to it. National Exercise Day is a day to encourage and motivate people to exercise, with the aim that it will be the start of a new habit for everyone.

### After-School Year 6 SAT's Booster Club

Staff will be supporting the year 6 every Thursday after school to 'boost' their approaches to the SAT's which are in May. We know they will be amazing.

### Grounds Hour

Would you be able to help on 26th April to carry on with tidying/preparing our grounds for summer? Ash class parents were amazing on the last event. It is just 1 hour (3.15-4.15) - Many hands make light work. Please let us know if you can help.

### Dates for Diaries

Date	Event	Information
12.4.24	SELFA Parent Support Group	Everybody welcome 9.30-11.00
18.4.24	Road Safety Assembly	Provided by local PCSO
19.4.24	Power Down Pete	Linked with World Earth Day
26.4.24	Tennis @Sandylands	Willow & Oak classes—wear PE kit
26.4.24	After school Grounds session	3.15-4.15 to help tidy the grounds up
2.5.24	Wild Explorers Trip (R, Y1 & Y5)	Details to follow
3.5.24	Wild Explorers Trip ( Y2, Y3 & Y4)	Details to follow
9.5.24	Bags 2 School Collection	
13.5.24—16.5.24	Y6 SAT's week	
20.5.24	Interfaith Trip to Bradford Y3/Y4/Y5	Visit Hindu Temple and Jewish Synagogue—Details to follow
23.5.24	Wedding breakfast for Miss Wild to celebrate her upcoming wedding	Everyone to bring a hat
23.5.24	Class photos by Tempest Photographer	Wear school uniform. Dance to be in school uniform for this day.
24.5.24	School closes for half term	
3.6.24	School Re-Opens	
3.6.24	Y4 Multiplication Check	
5.6.24	Willow Class Worship	9am—all welcome
7.6.24	Whole School RE Day	Rev Peter Thomas
10.6.24—14.6.24	Phonics Screening Check Week	
11.6.24	Pro-Ride Cycling Y5/Y6	Details to follow
13.6.24	Cycling event at The Skipton Academy Y5/Y6	Details to follow
14.6.24	KS2 Mini Olympics	Details to follow
19.6.24	Ash Class Worship	9am—All welcome
27.6.24	UWS Transition Day	Details to follow
27.6.24	Transition Day for Gargrave School	Morning
2.7.24	Sports Afternoon	1pm-3pm—All welcome
3.7.24	Settle College Transition Day	Details to follow
3.7.24	Apple Class Worship	9am—All welcome
9.7.24	KS2 Test Results sent to school	
10.7.24	Annual Reports sent home	
11.7.24	Annual Y6 Performance @ The Village Hall	Details to follow
12.7.24	End of Year Music Performance (Y3-Y6)	2.30pm in School
15.7.24	Drop in Session for Parents following annual reports	3.30pm -5.00 pm
19.7.24	School Closes for Summer (Re-Opens 3.9.24)	





# Online Safety Newsletter

April 2024

## Poppy Playtime

It is important that you are aware that whilst the name and characters suggest a playful game, it is a **survival horror game with graphics that may not be suitable for your child**. It includes characters such as 'Kissy Wissy' and 'Huggy Wuggy.' **Please view this game before allowing your child to play it as it may not be appropriate for them – particularly young children.**

Children may be playing the game or just watching videos of it on sites such as YouTube or playing replicated versions on Roblox for example.

### Further information

Safer Schools NI have produced this informative:

<https://saferschoolsni.co.uk/huggy-wuggy-online-safety-review/>

## Talking to strangers online

There are many apps/websites where your child may come across strangers contacting them. Some platforms will allow you to set who can contact your child as well as switch off communication so ensure appropriate settings are explored and set up. This article from ThinkUKnow talks about how to protect your child from adult content and contact:

<https://www.thinkuknow.co.uk/parents/Concerned-about-your-child/Online-contact-and-staying-safe/>

## Cyberbullying

### What is cyberbullying?

Cyberbullying is bullying online and can take many forms such as sending malicious messages, leaving nasty comments, excluding somebody from a group chat, blackmailing or setting up a fake profile. Cyberbullying can

take place across many different platforms such as WhatsApp, Snapchat and on games such as Roblox and Minecraft.



### What should I do if my child is being bullied online?

If your child is being bullied, then try to stay calm and let them know that it is not their fault. It is always useful to keep evidence of any online bullying and inform their school so that they are aware. Show your child how to block and/or report any users/content and review their privacy settings to limit what others can see. You may also wish to set up any parental controls that are available.

### Further information

There is a vast amount of information available online about cyberbullying. The following links provide further information on types of online bullying, how to support somebody who is being bullied and who you can contact if you need any further advice or support.

- <https://www.childnet.com/help-and-advice/online-bullying/>
- <https://www.nationalbullyinghelpline.co.uk/cyberbullying.html>
- <https://www.youngminds.org.uk/young-person/coping-with-life/bullying/>

## Group Chats

Group Chats are available on various messaging apps, social media apps and in some games. When your child is part of these groups, they may not know all the other members and it may even include people that they have previously blocked. Your child may come across inappropriate content and bullying can take place within these groups. Talk to your child about how they speak to others online and encourage them to talk to people online with kindness, like they would if they were face-to-face. The NSPCC provide further information about group chats here:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/social-media/chat-apps/>

Users of this guide do so at their own discretion. No liability is entered into.  
Current as of the date released 01.04.24.

# TikTok

**You must be over 13 years of age to use TikTok.**

TikTok is a social media platform for sharing and watching short video clips. Some of the videos may not be appropriate for your child to view and there is also the risk of strangers contacting your child. If your child is using TikTok then make sure appropriate security/privacy settings are applied.

## Account set up

As always, it is important that when setting up an account, your child enters their real date of birth as accounts are tailored by age e.g., direct Messaging is disabled for accounts aged 13-15. In addition, advertisements are tailored to their age. By default, accounts for people under 16 are set to private and we would recommend keeping it as this. This means your child must approve follower requests. You can read more about the other settings available, such as switching off comments and switching on restricted mode here: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings>.

## Family Pairing

This allows you to link your own account to your child's account. You can then set controls such as restricted mode. You can find out more here: <https://www.tiktok.com/safety/en/guardians-guide/>

## Inappropriate content, themes and challenges on TikTok

Whilst against TikTok's guidelines, explicit and inappropriate content can be found on this platform, for example nudity/sexual content and hate speech. We often see viral challenges on social media, some of which can be dangerous. If your child is using TikTok, chat to them regularly about what they are viewing.

## Trends and Influencers

We often see trends on social media, for example a latest trend found is around skin care routines, which can lead to children purchasing products that are completely unsuitable/dangerous for their skin. You can find out more here: <https://www.bark.us/blog/skin-care-tweens/>. Influencers are people who have a large following on social media who through recommendations and promotions, influence the behavior or buying habits of others. The NSPCC discuss what we need to be aware of here: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/2023-05-16-the-influence-of-influencers/>

## Stranger contact

Talk to your child about who is following them online and ensure that they understand that people may not be who they say they are when online. It is important that children know not to share personal information.

## Blocking and Reporting

Ensure your child knows how to use the safety features available to them, including how to report comments, direct messages and another user.

## Further information

- <https://parentzone.org.uk/article/tiktok>

## Online Challenges

Our children may not have developed the skills and ability to critically analyse all situations yet so **it is important to talk to your child about hoaxes and challenges** that may appear on the internet. Some challenges are fun and provide no risk, **however there will be challenges that are risky/dangerous**. Just recently, a child sadly died after participating in a challenge - more information here:

<https://ineqe.com/2024/03/19/dangerous-challenge-safeguarding-risks/>

Your child may see others complete certain challenges online without being harmed and therefore may want to repeat them and not consider the potential risks to themselves. Make sure they know that they should talk to you (or another trusted adult) about what they see online, particularly if they plan to try a challenge.

We would always advise that if your child has not heard about an online challenge, then do not draw attention to it as this may lead to them searching for it out of curiosity, so just talk about challenges in a general sense. Furthermore, reassure your child that challenges that suggest that terrible things will happen if they do not complete the tasks are not real.

The following link will provide you with further information as well as content to help you talk to your child: <https://www.internetmatters.org/connecting-safely-online/advice-for-parents/tackling-the-hard-stuff-on-social-media-to-support-young-people/online-challenges-are-they-harmless/>

TikTok have also produced this resource to help you talk to your child about challenges and the potential risks:

<https://www.tiktok.com/safety/en-sg/online-challenges/>





**Gargrave Cinema**



**Gargrave and Malhamdale Community Library**

## **Film Night**

# **The Miracle Club**

**This 2023 comedy-drama follows a group of working-class women from Dublin who win a talent competition at their local Church with the prize being a pilgrimage to Lourdes in France, a place all the women have been longing to visit.**

**The film stars Maggie Smith, Kathy Bates, Laura Linney and Stephen Rea.**

**Friday 26th April**

**Gargrave Village Hall**

**Café style seating**

**please bring your own refreshments**

**Doors open 7.00pm, Film starts 7.30pm**

**Tickets £5.00 on the door. Cash Only**

**Sorry Guide Dogs Only**