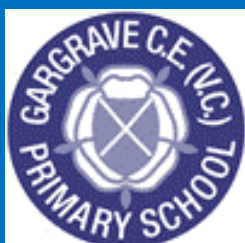


Gargrave C of E Primary School Thursday 3rd April 2025



Issue 14



White Ribbons

George—showing a good understanding of doubles and bonds to 10
Nora—setting a great example of showing school values
Eleanor—being a caring and supportive member of Apple Class
Caoimhe—good understanding of how to look after the environment
Violet—fantastic concentration and perseverance in maths
Elliot—incredible reading
Cooper—showing school values and kindness
Emilia—showing school values and perseverance
Imogen—fabulous story writing
Ted—excellent contribution in PSHE lessons
Taylor—fabulous attitude in all sports
Charlotte—super Fluent in Five work
Alistair—great angles work in maths
Romie—careful drawing and measuring in maths
Bentley & Phoebe—excellent work in WCGR
George—for being a good friend
Yulian—excellent running
Betsy & Daisy-Mae—for always being kind

Book Fair—still time to order!

Thank you to everyone who bought books from yesterday's Usborne book fair. If you were unable to visit, you can still place an order within the next five days and it will count towards the total value we will receive in free books. Please order via <https://usborne.com/gb/uevent?event=97ac222644f73af0bbaa49748bf35c52>

Rugby with Hedley (Wharfedale RUFC)

This will take place on Wednesday afternoons after Easter for pupils in Years 3, 4 and 5 up to half-term (5 weeks).

Oak Class—Skipton Tennis Centre

On Friday 25th April, Oak class are taking a Bibby's bus to Skipton Tennis Centre to take part in their Tennis Festival. They will need to come to school dressed in their PE kit with a drink and a snack. The consent for this is covered under the annual continual consent.

PTA Bake Sale

The PTA are organizing class bake sales across the next half term. They are asking that each class bake or donate baked goods—around 90 items in total if possible—to sell after school on selected Thursdays. Please bring donations on the morning of the sale to allow time to set up before school finishes, together with a list of ingredients for dietary requirements. If there are any items left, they will be on sale again on the Friday. The PTA would also appreciate parents from the class to help on the day if they can. Dates are as follows:

Apple and Ash- Thursday 1st May

Willow- Thursday 22nd May

Oak- Thursday 19th June

The PTA raise vital funds and strengthen the school community. If you would like to join the PTA, please contact Zoe Purvis for more information.

Gargrave CE (VC) Primary School, Neville Road, Gargrave, BD23 3RE
Tel: 01756 749433

Email: admin@gargrave.n-yorks.sch.uk

Website: www.gargrave.n-yorks.sch.uk



@gargraveprimary

Menu

This is the main choice—there is a vegetarian option and jacket potato available every day.

Tuesday 22nd April

Meat & Potato Pie
Yoghurt and Summer Fruit

Wednesday 23rd April

Chicken Pasta Bake
Strawberry Delight

Thursday 24th April

Mexican Quesadilla
Chocolate Fudge Biscuit

Friday 25th April

Proper Hotdogs
Apple & Raisin Flapjack

Monday 28th April

Fishfingers & Mash
Summer Fruit Drizzle

Tuesday 29th April

Chilli Con Carne
Cinnamon Swirl

Wednesday 30th April

Mac 'n' Cheese
Cherry Pie & Ice-Cream

Thursday 1st May

Cowboy Pie
Zesty Lemon Biscuit

Friday 2nd May

Popcorn Chicken
Fruit Trifle

Easter Competitions

Rev. Andrew will be judging our Decorated Easter Egg competition tomorrow. There will be prizes for winners from each class. We will also be holding our Easter Egg Bingo! Please send in any donations of eggs, and a donation of £1 per child for this event.

Changes to Menu

A few changes have been made to the spring menu to take into account the warmer weather and to enable Mrs Robinson and Mrs Fellowes to trial some tasty new dishes. Please find the details on the sidebar and below. If your child has a combination of school and packed lunches, please discuss the new menu with your child and let us know which days they would like a school lunch. Many thanks in advance.

After-School Clubs

This is a short half-term and two Mondays are Bank Holidays so we shall continue to run SATs club until, and including, 6th May.

Please book into Triangle Club if you need care for your child. This is open every day from 7:30 until 6pm. Please book via SchoolComms.

STEM visit

Yesterday, were paid an interesting visit by a food delivery robot! The robot was brought in by the Public Affairs Lead for Starship who talked about the technology used to build the robot, its functions and the career paths that could lead to a job in the tech industry. The children enjoyed watching the robot and asked some brilliant questions.

Starship are running a Design A Starship Robot competition. Your child will bring home details of the competition and an entry form.

Music Lessons

Last week, a group of music teachers from the North Yorkshire Music Hub treated us to a fantastic musical showcase. They performed tunes from stage and screen on a variety of brass, woodwind and string instruments.

If your child is interested in having individual or group music tuition at school, you can sign up via <https://northyorkshiremusicclub.co.uk/>

Free Breakfasts at Morrisons

From Monday 7th April for three weeks, Morrisons café customers can get a free bowl of cereal and a piece of fresh fruit if they mention the 'Kellogg's Breakfast Club'. There's no age limit, and customers can return multiple times while stocks last.

Easter Break

We wish all our pupils and their families a very happy Easter holidays. We hope you have fun times with friends and family. The weather is certainly improving so hopefully lots of opportunity to get outdoors to enjoy the changes in Spring. We return on Tuesday 22nd April for a 4-day week.

Online Safety Newsletter

April 2025

Screentime

Screentime is classed as any time spent in front of a screen, so it includes everything from watching tv to completing homework on a laptop. Whilst there is no recommended screentime (except for under two, which is zero), it is important that we find a balance.

Screentime can obviously be beneficial, both for educational and entertainment purposes, however it is important to be aware of the risks, such as:

- Eye strain.
- Disrupted sleep.
- Less time for other activities and being outdoors.
- Affects our attention span.

Further information

Childnet discuss what is screentime and how much screen time is enough in this useful article:

<https://www.childnet.com/help-and-advice/screen-time-boundaries-parents/>



Social Media Concerns

Most social media apps have a minimum age rating of 13+. Whilst there are benefits, this article discusses some of the potential risks of using social media.



Risks of Social Media

- **Inappropriate content** – social media may expose children to content that is not appropriate for their age, including sexually explicit content or content that promotes harmful behaviours such as self-harm.
- **Cyberbullying** – this can take many forms, including sending nasty or hurtful messages, leaving unkind comments, sharing photographs of somebody else without their permission or impersonating somebody with a fake account.
- **Excessive Screentime/Addiction** – too much time online can affect mental health and disrupt sleep patterns.
- **Contact from strangers** – there is a risk of stranger contact, which can lead to an increased risk of grooming.
- **Challenges** - children may not have developed the skills and ability to critically analyse what they see online. Whilst some challenges are fun and provide no risk, there will be challenges online that are risky/dangerous.
- **Sharing too much information** – children may share personal information e.g. their phone number, school name or inappropriate photos of themselves.
- **Algorithms** – algorithms influence what we see on social media platforms to keep us engaged on the platform. This can lead to 'echo chambers' where users are only seeing content that relates to their opinion rather than seeing a balanced viewpoint. It can also lead to a user being exposed to large amounts of content about one topic/theme, which may not be helpful if it is negative.

How can I help make it a safer environment?

- Check the age rating of each app and restrict access until they reach that age.
- Set up age-appropriate parental controls, for example set content restrictions and screen time limits.
- Chat to your child about what they are doing online, including who they are following and interacting with online.
- Restrict devices in their bedrooms.
- Show your child how to use any reporting and blocking tools.

Further information

You can find out more from the following:

- <https://kidshealth.org/en/parents/social-media-smarts.html>
- <https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/social-media/#Talkingaboutcyberbullying>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.04.25. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership or copyright in the content of the linked materials.

Group Chats

Is your child part of any group chats? This could be on social media, for example on WhatsApp or within games such as Fortnite. If so, it is important that you are aware of the potential risks, which include:

- **Inappropriate content** – there is often a lack of moderation within chat facilities so users could be exposed to content/language that is not suitable for their age.
- **Bullying** – there are many instances where inappropriate/hurtful comments are shared within groups, this could take the form of name calling or body shaming. Bullying can also be in the form of excluding others from the group. These issues often overspill into 'real life'.
- **Strangers** – your child could be added to groups with people they do not know or even with someone that they have previously blocked.
- **Conversations can be shared/screen shot** – make sure your child is aware that anything they share within a group can be shared with others outside the group.
- **Sharing personal information** – remind your child to be aware of the information they share with others including images and location.



How can I help make group chats safer?

- Check the recommended age rating and adhere to them. If we all did this, peer pressure would be reduced.
- Set up age-appropriate parental controls and set screen time limits.
- Show your child how to use any reporting and blocking tools.

What else can I do?

- It is crucial to have regular conversations with your child about the risks outlined above and about what they are doing online.
- Talk about who they are chatting with, encourage them to think carefully about the messages they send and how they might be perceived by others. Talk about positivity and not saying anything hurtful. Ask them to think about whether they would say what they are messaging, face to face.
- Devices should be used in family rooms so you can monitor what they are doing and who they are interacting with.
- Finally, make sure to model good digital behaviour yourself, as children often learn by observing the adults around them.

Further information

Childnet have created a Group Chat Guide for parents following consultation with the Childnet Youth Advisory Board and Digital Champions: <https://www.childnet.com/resources/cheat-sheet-group-chats/>

Did you know some Emojis have a double meaning?

For those that have watched Adolescence, you will know children and young people may be using emojis to mean something completely different. For example, the kidney bean emoji may be used to identify as an incel. It is important that you are aware of how emojis can be used and keep up to date with the way in which they can be used as their meanings are changeable. You can find out further information here:

<https://www.bark.us/blog/emoji-slang-guide/>

Vodafone: The Rise of the Aggro-rithm

Vodafone released a short video last year, titled 'The Rise of the Aggro-rithm'. It highlights the harmful algorithms targeting young boys. It's certainly worth a watch as well as learning about the terrifying statistics accompanying it:

<https://www.vodafone.co.uk/newscentre/press-release/ai-aggro-rithms/>

3 things to consider before giving your child a smartphone

Wayne Denner has published a blog discussing the three things that parents wished they had considered before giving their child a phone. You can read the article here:

<https://www.waynedenner.com/3-things-parents-wish-they-had-considered-before-giving-their-teen-a-smartphone/>

Please find below a message regarding online safety from our local neighbourhood policing team.

Dear Parents,

We want to take a moment to raise awareness about online safety and the potential risks children may face while using certain games and apps. It's important to stay informed and vigilant about what our children are accessing online.

One particular game to be aware of is Yandere Simulator, which involves themes of stalking and violence. While it may seem like just a game, the content is highly inappropriate for young audiences and could have a negative influence.

Additionally, there are several social networking apps—Yubo, Scout, and Wizz—that are designed for making new friends. Unfortunately, these platforms are being exploited by individuals looking to engage with young people inappropriately. We strongly advise parents to monitor their children's online activity and have open conversations about online safety.

Here are some ways to help protect your child:

- ✓ Regularly check the games and apps they use.
- ✓ Encourage open discussions about online interactions.
- ✓ Use parental controls and privacy settings.
- ✓ Remind them never to share personal information with strangers.

By staying informed and involved, we can help keep our children safe in the digital world. If you have any concerns or need further guidance, please don't hesitate to reach out.

Thank you for your attention and support.

The Craven Neighbourhood Policing team.

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|--|--|--|---|--|
| WEEK 1 | <p>Katsu Chicken Or Quorn Katsu</p> <p>Served with wholegrain rice & veg</p> <p>Rhubarb and Custard Cake</p> | <p>Meat and Potato Pie Or Quorn Pie</p> <p>Served with veg of the day</p> <p>Yoghurt & Summer Fruit</p> | <p>Chicken Pasta Bake Or Tomato & Basil Pasta</p> <p>Served with side salad and garlic bread</p> <p>Strawberry Delight</p> | <p>Mexican Quesadilla</p> <p>Served with wedges, veg sticks and sour cream dip</p> <p>Chocolate Fudge Biscuit</p> | <p>Proper Hotdogs Or Veggie Dogs</p> <p>Served with curly fries Beans or peas</p> <p>Apple and Raisin Flapjack</p> |
| WEEK 2 | <p>Fishfingers Or Veggie fingers</p> <p>Served with mash potato and vegetables</p> <p>Summer Fruit Drizzle</p> | <p>Chilli Con Carne Or Quorn Con Carne</p> <p>Served with wholegrain rice & pitta bread</p> <p>Cinnamon Swirl</p> | <p>Mac'n'Cheese</p> <p>Served with garlic bread and side salad</p> <p>Cherry Pie & Ice Cream</p> | <p>Cowboy Pie Or Veggie Cowboy Pie</p> <p>Served with seasonal veg</p> <p>Zesty Lemon Biscuit</p> | <p>Popcorn Chicken Or Quorn Pop Chicken</p> <p>Served with fries and sal- ad bar</p> <p>Fruit Trifle</p> |
| WEEK 3 | <p>Chicken Enchiladas Or Veggie Enchiladas</p> <p>Served with side salad and wedges</p> <p>School Cake</p> | <p>Ham and Cheese Puff Or Cheese and Tomato Puff</p> <p>With buttered new potatoes and veg of the day</p> <p>Fresh Fruit Salad</p> | <p>Cottage Pie Or Quorn Cottage Pie</p> <p>Served with veg of the day</p> <p>Chocolate Chip Cookie</p> | <p>Veggie Bake</p> <p>Served with garlic bread and veg sticks</p> <p>Banoffee Muffin</p> | <p>Burger in a bun Or Veggie Burger</p> <p>Served with wedges, beans or peas</p> <p>Fruit Cheesecake</p> |



Wild Explorers

Where nature, fun and adventure collide!

A child-led, fun and nurturing holiday club set in beautiful woodland on the Broughton Estate.

We are an OFSTED registered outdoor holiday club where children can play, enjoy a campfire, woodland crafts, tools and much more!



Price
£35 per child per day
Childcare vouchers accepted

Age
Reception - Age 13

Easter Holiday Club
7th - 11th April & 14th - 17th April
Birthday parties also available year round email us for more info

Time
9.30am - 3.30pm

Location
Broughton Hall Estate




hello@wildexplorers.org.uk

www.wildexplorers.org.uk



Easter Holiday Workshop

Tuesday 8th & Wednesday 9th April
1pm - 4pm

Inspired by

SPRING EXHIBITION

A preview of the North Yorkshire Open Studios at Craven Arts House

Create artwork using pieces in this year's NYOS Exhibition at Craven Arts House as an inspirational springboard for your own ideas!

Explore and discuss the artworks, gathering inspiration to spark our own creative visions.

Suitable for children age 9+

Utilise diverse techniques and media to unleash creative expression including gouache, watercolour, oil pastels, ink, collage, photo montage and many more.

SCAN ME



www.cravenarts.co.uk
CRAVEN ARTS HOUSE, 55 OTLEY STREET, SKIPTON, BD23 3NP

 PETER SOWERBY FOUNDATION

 NORTH YORKSHIRE COUNCIL

 craven arts

craven arts charitable trust number: 1172218

SWIM + RUN

CRAVEN LEISURE CENTRE
SKIPTON 4 MAY 2025
JUNIOR AQUATHLON

Come have fun and try out a multi-sport event

Swim 50 m (2 lengths)
Run 1km
Age 7-14 years



Enter Here!

 Swim Bike Run - Skipton

Pedal in the Park



Fun, Professional Cycling Coaching
Weekly Junior Coached Sessions
New Starters / Beginners: 17.00 – 17.45
Intermediates: 17.45 – 18.30
Advanced: 18.30 – 19.30
Sign up on Skipton Cycling Club Website
WWW.Skipton.CC
Thursdays: 1-May thro 28-Aug 2025
AIREVILLE PARK SKIPTON





New Starters: Children should be able to 'scoot & balance' without stabilisers.